



**NEW self-referrals – no need to visit your GP
You can join today**

Get 12 weeks FREE support from WW

To qualify for this free programme you need to:

- be 18 years old or over
- be a resident of Hertfordshire
- have a Body Mass Index (BMI) of 30 or above
- have not previously self-funded WW in the last three months
- have not been referred by your GP and attended WW in the past 18 months

If you would like to find out more then either:

Visit ww.com/uk/hertfordshire

Scan the QR Code

Call 0345 602 7068 quoting: WWRS71

